

## June 8th Fireside Chat Takeaways

- Helpline We Are Just a "Call Away.....24/7 800.272.3900."
- Awareness Presentations to Employees 15-30 minutes, Minimum of 15 attendees.
- Building Capacity Within the African American Congregations to Serve their Parishioners facing Dementia.
- Research Shows "Culturally Tailored Resources have been shown to Improve Caregiver Wellbeing."
- ▶ If You Know of Someone Struggling Go Help and If It Is You, Go Join A Support Group.
- As an Employer, know that You will be Dealing with an Employee (maybe Yourself) who will Need some Flex Time in their Schedule to take their Loved one to Doctor Appointments, and other Appointments.